



Tavistock Policy Seminars presents
Reflective Social Work Practice
How it works, how it helps, does it?

Connecting Public Policy and Human Relationships

Thursday 28 March 2019, 6pm-8.30pm

5th Floor Lecture Theatre – The Tavistock Centre

Limited spaces. Book now via taviport.co/Reflective

There is widespread practitioner and organisational interest in the potential of 'reflective practice' to improve performance, staff resilience, and outcomes for social care service users of all kinds. Recently a number of local authorities have remodelled their services on a 'relationship based' approach, with support for reflective practice groups at the heart of this. But how exactly does reflective practice work, and do we have evidence for its benefits at organisational and frontline operational level?

In a period of extreme resource pressures might a focus on reflective practice be little more than a sticking plaster to prop up a workforce that is burning out, or are reflective forums a 'space of hope' holding the promise of a real and effective alternative to the performance driven and survivalist culture that pervades so many services?

In this seminar speakers who have been at the forefront of researching reflective social work practice, implementing it in frontline organisational settings, and promoting its development through leadership and writing will offer concise and informative perspectives on their work. This will be followed by an open and reflective audience dialogue to which the speakers will respond at the end.

Speakers:

[Tom Stibbs](#), Principal Social Worker, Brighton & Hove Children's services

[Amanda Lees](#), Researcher, University of Winchester

[Sylvia Smith](#), Independent Consultant and Lecturer, the Tavistock Centre

[Anna Harvey](#), Senior Lecturer, the Tavistock Centre and Independent Consultant

[Andrew Cooper](#), Professor of Social Work, Tavistock Centre and UEL

Chair:

[Frank Lowe](#), Consultant Social Worker, Tavistock Centre